

Last updated:
MARCH 2023



2023 Seattle Neighborhood Farmers Market Currency Sheet

SNAP/EBT Tokens

Never Expire

SNAP Market Match

Never Expire

Fresh Bucks

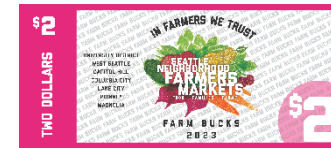
Never Expire

Farm Bucks

Expires 12/31/23

WIC/Senior FMNP

Expires 10/31/23



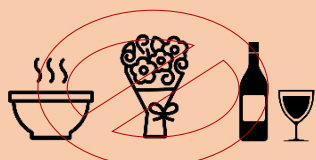
CAN BUY:

- ✓ All food EXCEPT hot, prepared food
- ✓ Edible plant starts



CANNOT BUY:

- × Hot prepared food
- × Non-edible items like fresh cut flowers
- × Alcohol



CAN BUY:

- ✓ Fresh vegetables, fruits, mushrooms, and herbs
- ✓ Edible plant starts



CANNOT BUY:

- × Hot prepared food
- × Eggs or dairy
- × Nuts or seeds
- × Meats
- × Alcohol



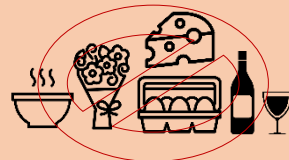
CAN BUY:

- ✓ Fresh vegetables, fruits, mushrooms, and herbs
- ✓ Edible plant starts
- ✓ Frozen, canned, and dried versions of above with no added salts, fats, or sugars



CANNOT BUY:

- × Hot prepared food
- × Eggs or dairy
- × Nuts or seeds
- × Meats
- × Alcohol



CAN BUY:

- ✓ ANY farmer goods EXCEPT alcohol



CANNOT BUY:

- × Hot prepared food
- × Processed prepared food
- × Baked goods
- × Alcohol



CAN BUY:

- Approved vendors only*
- ✓ Fresh vegetables, fruits, mushrooms, and herbs
- ✓ Honey (Senior FMNP only)



CANNOT BUY:

- × Hot prepared food
- × Eggs or dairy
- × Nuts or seeds
- × Meats
- × Alcohol

